



Bhive AquaGym

SWIM SCHOOL AND FITNESS

Adult Swimming 2026

70 Madeline Street Florida, Roodepoort

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Office Hours: Mon - Thur 14:00 - 18:00 / Sat 9:00 - 14:00

Adult Swimming at Bhive AquaGym

Swimming as an adult isn't about racing or perfection — it's about **confidence, safety, strength, and consistency**. Bhive AquaGym offers **clear pathways for adults at different stages, so you can progress with confidence**

We offer a **4 week Workshop** for **all beginners**, followed by our **monthly membership for workshop graduates**

1 4-Week Adult Beginner Workshop

This small-group workshop is your supported on-ramp into adult swimming.

You'll learn to:

- Feel safe and supported in the water, building confidence step-by-step
- Learn breathing, floating, and basic movement skills
- Develop foundations for safe, consistent swimming

What's included:

- **2 × 30-minute coached sessions per week**
- 4 weeks (8 classes total)

Important info:

- **Duration: 4 weeks**
- 🕒 Class times: **Tuesdays & Thursdays at 18:00 OR Mondays and Wednesdays at 18:00**

Select and stick to your days for the duration

- Cost: **R2400** (R250 booking fee to secure your spot, R2150 balance due prior to workshop kick-off)

Please see the final pages for all of our upcoming workshop dates!

Adult Swim Monthly Membership

For graduates of the **4 week workshop**.

Our Adult Swim Classes run in the afternoons/evenings, and Saturday mornings. Once you complete your workshop, we will share current class availability with you!

WHAT YOUR MEMBERSHIP INCLUDES:

- Weekly 30-minute coached swim classes
- Choice of 1× or 2× sessions per week
- Ongoing skill development and confidence building

3 month minimum commitment, one month's notice for cancellation of changes to the number of lessons per week.

MEMBERSHIP PRICING

Once-off registration fee: **R280**

1. Option A – 1× class per week

- **R700 per month**
- Approx. 2–5 lessons per month

2. Option B – 2× classes per week

- **R1257 per month (10% discount applied)**
- Approx. 4–10 lessons per month

* Lesson numbers vary each month as we align with both the national school calendar and the swimming season, **please refer to our 2026 calendar on the final page for details!**

Aug - Dec 2026 Beginner 4 Week Workshop Dates /Calendar

Aug/Sep	Mon and Wed: Aug: 10 (women's day - workshop will run), 12, 17, 19, 24, 26,31 Sep: 2	Tues and Thur: Aug: 11, 13, 18, 20, 25, 27 Sep: 1, 3
Sep/Oct	Mon and Wed: Sep: 7, 9, 14, 16, 21, 23, 28, 30	Tues and Thur: Sep: 8, 10, 15, 17, 22, 24 (heritage day - workshop will run), 29 Oct: 1
Oct/Nov	Mon and Wed: Oct: 12, 14, 19, 21, 26, 28 Nov: 2, 4	Tues and Thur: Oct: 13, 15, 20, 22, 27, 29 Nov: 3, 5
Nov/Dec	Mon and Wed: Nov: 9, 11, 16, 18, 23, 25, 30, Dec: 2	Tues and Thur: Nov: 10, 12, 17, 19, 24, 26, Dec: 1, 3

Aug - Sep 2026 Adult Membership Calendar

Closures are indicated in red (public holiday and school holidays). Green indicates school/public holidays on which we are open!

mid-term break 24 Sep - 2 Oct

Lesson Day	August	September	October	November	December
Tuesday	11, 18, 25	1, 8, 15, 22, 29	6, 13, 20, 27	3, 10, 17, 24	1, 8, 15
Wednesday	12, 19, 26	2, 9, 16, 23, 30	7, 14, 21, 28	4, 11, 18, 25	2, 9, 16 reconciliation day
Thursday	13, 20, 27	3, 10, 17, 24 heritage day	1, 8, 15, 22, 29	5, 12, 19, 26	3, 10, 17
Saturday	15, 22, 29	5, 12, 19, 26	3, 10, 17, 24, 31	7, 14, 21, 28	5, 12, 19